

MIPS: Diabetic Foot Exam

Medicare will provide quality bonus payments to primary care physicians based on the percentage of patients who are eligible for diabetic foot evaluations relative to the patients who receive diabetic foot evaluations at the correct evaluation frequency. Medicare uses the following scoring ratio:

- Clinical Quality Measure: Diabetes, Foot Exam (CMS ID: 123v5)
 - Numerator – Diabetic patients who received visual, pulse and sensory foot examinations during the measurement period.
 - Denominator – Patients 18-75 years of age (≥ 18 and < 75) with diabetes

The higher the ratio, the greater the numerator, the higher the Medicare bonus.

Why does this matter to me?

Well, the numerator is defined by the number of patients who receive comprehensive foot evaluations during a measurement period. The measurement period can be: (1) one year, (2) one quarter, (3) one month, depending on the degree of severity that the diabetic patient presents with.

What does that mean?

More severely ill diabetic patients require more frequent visits to the Podiatrist and the more frequently you refer a high-risk diabetic patient to a Podiatrist, the higher your numerator.

How often should I refer my diabetic patients to a Podiatrist?

It depends on the patient's specific risk score:

- 0 - No symptoms: Annual visits
- 1 - Peripheral Neuropathy: Semi-annual visits
- 2 - Foot Neuropathy, deformity, and/or PAD: Quarterly visits
- 3 - Previous ulcer or amputation: Monthly to Quarterly visits

Simply this for me...

For high risk Diabetic patients, you need to optimize the frequency of Podiatry referrals

What can Dr. Sonia Goyal do for me?

- We will provide monthly reports for all the diabetic patients that you refer for Comprehensive Diabetic Foot Evaluations.
- We will perform and document the appropriate clinical evaluation required as per Medicare guidelines - CMS 123v5
- We will maintain a patient database on Microsoft Excel (.XML format) for all patients you refer to Dr. Goyal and the number of times we performed a Comprehensive Diabetic Foot Evaluation.

How do we get started?

1. Begin by referring your diabetic patients to Dr. Goyal.
2. Dr. Goyal will provide risk scores for each patient and perform Comprehensive Diabetic Foot Evaluations.
3. Dr. Goyal and her staff will maintain a database of all patients referred for evaluation and we will share monthly reports of all patients for you to upload onto your Medicare quality scores.

Call Dr. Sonia Goyal at 708-576-8814 to improve your diabetic referral rates today!

